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BANKSTOWN BULLS

Junior Rugby League Football Club Inc

17 March 2020

Re: COVID-19 Plan of Management

Keep calm and wash your hands!

In light of recent events, and in an attempt to ensure that junior games continue, the Bankstown Bulls executive committee have decided to implement precautionary measures to assist in avoiding the potential spread of the virus. We are of the view that these precautionary measures will mitigate any health risks to all involved.

Whilst the Club is taking measures to ensure that the physical health of all members is protected, the mental health of our players is also a paramount consideration. It is undisputed that sports and team activities, especially rugby league, greatly benefit the mental health of children. Therefore, the Bankstown Bulls will make all attempts to ensure that the game goes on and the kids continue to play. The committee will not be lazy on this issue and will not take the easy way out, even if it's at an increased financial burden on the club. Apart from the below precautionary measures, it is business as usual and there is no need to be alarmed or panic.

We would like to confirm that NO Bankstown Bulls members have been confirmed, or are suspected, to have contracted the virus. These procedures are only precautionary, in an effort to mitigate and manage the spread of the virus in case the issue does arise.

The Club has been in contact with the Junior League and will be working closely with the relevant parties to manage all risks posed to members. In the unlikely scenario that a Club member tests positive, the Club will implement its response procedure and will keep all club members informed.

The club will endeavour to be fully transparent on this topic moving forward and we expect the same from our members. There is no stigma in contracting the virus! No one is ashamed to say they have the flu; the same should also apply in this regard.

The Club wishes to advise that should any member be in breach of the below policies, the club will reconsider your status as a member. Further, should any visiting teams be in breach of the below policies, consideration will be given to cancellation of games.

The Bankstown Bulls considers the physical and mental health of our members extremely seriously and every effort will be made to protect our members.

What precautions is the Club taking to minimise risks?

- Increased cleaning rotation at high touch points (e.g canteen, BBQ area, change rooms, bathrooms, player bench area).
- Promoting and practicing good hygiene. Health posters have been placed in key locations.
- Hand sanitisers provided at high touch points including canteen and BBQ area.

- Handless, anti-bacterial soap dispensers have been placed at key locations including bathrooms and change rooms.
- Sanitary station had been set up for the disinfection of balls, bottles and equipment.
- Relocated the player bench and time keeping table to the other side of Ruse Park and Padstow Park, away from spectators.
- Implemented a 1.5 metre exclusion zone around the BBQ area.
- Continuing to remain up to date and proactive on outbreak details and following guidance and directives from health authorities and relevant parties.

Directive to Members, Visiting Teams and Spectators:

1. MUST NOT attend the grounds for at least 14 days if you have travelled outside of Australia. The date of return is considered as day zero;
2. MUST NOT attend the grounds for at least 14 days if you have been in contact with any person confirmed to have contracted the virus;
3. MUST NOT attend the grounds should you feel unwell – common sense should apply;
4. MUST NOT attend the grounds should you suspect that you have contracted the virus. You should only return once you have confirmed that you have not contracted the virus;
5. MUST refrain from spitting on the ground; use a tissue and place it in the bin!

If the Club suspects on reasonable grounds that you have not complied with the above directives, the club will request that you vacate the ground IMMEDIATELY. Penalties may apply to club members who are found to have breached the above directives.

Directive to Coaching Staff:

1. MUST IMMEDIATELY inform the executive committee should you or any player under your care contract the virus or suspect that you or any player under your care have contracted the virus;
2. MUST wash hands BEFORE AND AFTER training and games;
3. MUST sanitise ALL balls and equipment (e.g kicking tees) BEFORE AND AFTER being used at training or game day – please use the sanitary station;
4. MUST sanitise change rooms after use. Disinfectant products will be provided by the club. The onus rests with the coach to ensure that a staff member completes this task IMMEDIATELY after your players have left the change room to take the field;
5. MUST sanitise water bottles BEFORE AND AFTER use – please use the sanitary station. Coaches have discretion to not bring water bottles at all and require your players to bring their own, which is recommended by the Club;
6. MUST ensure that your players wash hands BEFORE AND AFTER training and games. The onus falls on the coaching staff to promote good hygiene for your players;
7. MUST ensure that your players DO NOT dispose of strapping tape or other medical bandages on the ground;
8. First Aiders MUST wear gloves when attending to injuries and MUST dispose of the gloves after attending to an injury.

If the Club suspects on reasonable grounds that you have not complied with the above directives, the club may suspend the coach and/or coaching staff until the matter is resolved.

Directive to Players:

1. MUST IMMEDIATELY inform your coach should you contract the virus or suspect that you have contracted the virus;
2. MUST inform your coach if you feel unwell;
3. MUST wash hands **BEFORE AND AFTER** training and games;
4. MUST NOT place your mouth on team water bottles;
5. MUST NOT drink directly from taps around the grounds;
6. MUST NOT dispose of any strapping tape or other medical bandages on the ground;
7. MUST NOT spit on the ground; use a tissue and place it in the bin!
8. RECOMMEND that you purchase your own water bottle for use at training and game day, otherwise water bottles can be purchased at the canteen for \$2. Please speak to your coach about this matter.

If the Club suspects on reasonable grounds that you have not complied with the above directives, the Club may suspend or deregister you.

Directive to Players' Parents/Guardians

1. MUST ensure that your child DOES NOT attend the grounds for at least 14 days if they have travelled outside of Australia. The date of return is considered as day zero;
2. MUST ensure that your child DOES NOT attend the grounds for at least 14 days if they have been in contact with any person confirmed to have contracted the virus;
3. MUST ensure that your child DOES NOT attend the grounds should you suspect that they have contracted the virus. They should only return once you have confirmed that they have not contracted the virus – see a doctor immediately and provide a doctor's certificate to the coach upon return;
4. MUST IMMEDIATELY inform the team coach should your child contract the virus or if you suspect that they have contracted the virus;

If the Club suspects on reasonable grounds that you have not complied with the above directives, the club may suspend or deregister your child from the Club.

Directive to Visiting Teams:

1. MUST wash hands **BEFORE AND AFTER** games – the onus falls on the coaching staff to promote good hygiene for your players;
2. MUST sanitise ALL balls and equipment (e.g kicking tees) BEFORE being used in the game – please use the sanitary station;
3. MUST NOT dispose of any strapping tape or other medical bandages on the ground;
4. MUST NOT spit on the ground; use a tissue and place it in the bin!
5. First Aiders MUST wear gloves when attending to injuries and MUST dispose of the gloves after attending to an injury.

If the Club suspects on reasonable grounds that you have not complied with the above directives, the club will request that you vacate the ground IMMEDIATELY and may result in game cancellation.

Directive to Club Volunteers:

- MUST sanitise hands frequently when assisting around the ground;
- MUST use gloves at all times if helping out in the canteen or BBQ and MUST replace gloves frequently (at least every 30 minutes);
- If assisting in canteen or BBQ, MUST NOT touch any part of your face, nose, mouth or hair; MUST replace gloves if you do come into contact;
- If assisting in canteen or BBQ, MUST refrain from shaking hands during that period;
- If assisting on the BBQ, MUST maintain a 1.5m exclusion zone around the BBQ area – please see the executive committee for the new procedure when assisting on BBQ.

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2019 Club's Club of the Year

2019 Mini Club Champions